



**'Tis the Season**

**To Stay Safe**

## Safe Socialising

- Plan ahead for a safe night out this Christmas
- If you go out with friends, stay with friends
- Tell your friends or family what your plans are
- Only take out the personal items you need
- If you feel very drunk or unwell after just a small amount of alcohol then ask a trusted friend or member of staff/security for help
- Plan your journey home before you go out

For more information go to

[www.psni.police.uk/christmas](http://www.psni.police.uk/christmas)