

# Night time Safety

**Advice and information** 



Keeping People Safe

## Keep Your Identity Safe

- Never answer emails or click on links or pop-ups asking for your personal or bank account details. Reputable banks or institutions will never ask you for information in this way.
- Check your bank statements as soon as you get them. Contact your bank if you see a purchase listed which you don't remember making.
- Destroy old credit card or bank statements, as well as receipts containing your card details. Use a shredder or burn the document if you do not have a shredder.
- Do not place old statements in your recycling bin.
- Take care when using an ATM or 'Chip and Pin'. Shield the keypad when inputting your PIN. Check the ATM before using it. If it looks different from how it normally appears, do not use it and report it to your bank.

#### Be Safe on the Street

- Whether you walk, run, cycle or drive, the following simple precautions will help keep you safe.
- Avoid short cuts and isolated areas.
- Stay away from confrontational situations.
- Keep valuables hidden from view.
- Carry a personal attack alarm.
- Always use a known taxi firm.
- Avoid lonely bus stops or quiet areas of train platforms.
- When parking a car use a well-lit area.

# Be Safe when Socialising

- Avoid going to a pub, club or party alone.
- Do not leave bags, coats or mobile phones unattended.
- NEVER leave your drink unattended and NEVER accept a drink from someone you do not know or trust.
- Do not drink from large open containers such as punchbowls.
- If you begin to feel drunk, dizzy or disorientated, seek help from a trusted friend or a member of the pub/club staff.Do not drink and drive and do not accept a lift from anyone who has been drinking.
- Carry enough money for a taxi.

#### Please Remember

#### When in residential areas:

- Be Considerate.
- Be Respectful.
- Be Quiet.
- Be Tidy.

# Research has indicated that some of the issues that cause the most concern to local residents are:

- Drinking alcohol in public places. The area around the campus is designated an Alcohol Free Zone.
- Urinating in public.
- Yelling, shouting or singing in the street.
- Interfering with public/private property.
- Damage to telephone kiosks and parked cars are of particular concern.

It is worth noting that you may be committing an offence, punishable with a substantial fine, if you engage in any of the above behaviour.

#### Useful Telephone Numbers

#### Nexus

#### (victims of sexual abuse)

Belfast028 9032 6803Londonderry028 7126 0566Portadown028 3835 0588Enniskillen028 6632 0046

### The Samaritans

**116 123 (24 hour service)** For your local branch see the telephone directory under Samaritans or Telephone Helplines.

## Victim Support

028 9024 3133

Annsgate House 70-74 Ann Street Belfast BT1 4EH

For your local branch see the telephone directory under Victim Support or Telephone Helplines

#### Women's Aid

028 9024 9041

129 University Street Belfast BT7 1HP Domestic & Sexual Violence Helpline

0808 802 1414

Cpen to all women and men effected by domestic & sexual violence

