

**“THEY’RE ALWAYS THE FIRST
TO WATCH MY STORIES,
TO SEE WHERE I AM.”**

STALKING

FIXATED **OBSESSED**

UNWANTED **REPEATED**

If you’re experiencing behaviour which is
Fixated, Obsessed, Unwanted and Repeated.

It’s not flattering. It’s stalking. For more
information visit **psni.police.uk/stalking**



WATCH THE FILM



**Fixated
Obsessive
Unwanted
Repeated**



Police Service
of Northern Ireland

**“THEY KNOW MY ROUTINE.
THEY’RE ALWAYS SHOWING UP.”**

STALKING

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**“THEY’VE FOUND A WAY INTO
EVERY PART OF MY LIFE.
IT’S EXHAUSTING.”**

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FOUR Fixated
Obsessive
Unwanted
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FOUR

Fixated Obsessive Unwanted Repeated

STALKING

EXPERIENCES MAY INCLUDE:

- Following, surveillance, spying
- Standing, loitering around victim's home, school, place of work etc
- Unsolicited mail, postcards, photographs, gifts from the endearing to the bizarre
- Repeatedly texting / emailing / leaving voicemails
- Threats / violence against victim, victim's family, friends or pets
- Damage to property, stealing belongings
- "Befriending" victim's friends, family to get closer to them
- Breaking into victim's car, home or office
- Interfering, damaging personal belongings
- Threatening freedom by making false allegations to the police
- Invading personal space by standing too close or brushing against victim
- Ordering unwanted goods to be delivered
- Leaving or sending threatening objects

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